

## REGISTRATION

NAME \_\_\_\_\_

MALE       FEMALE

NEVER MARRIED

WIDOWED

DIVORCED       ANNULLED

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

PARISH \_\_\_\_\_

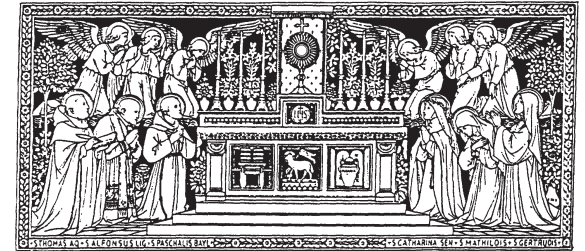
FIRST TIME       I HAVE ATTENDED A RETREAT

DIETARY CONCERNS / ALLERGIES:  
\_\_\_\_\_  
\_\_\_\_\_

Registration is \$75.00 before March 5th, 2012. Starting March 6th, 2012, the retreat cost is \$90.00. This includes the weekend's meals and lodging. Full and partial scholarships are available.

Send registration, along with a check or money order to:  
**CRYS, P.O. Box 16064, Phoenix, Arizona 85011.**

# CATHOLIC RETREAT FOR YOUNG SINGLES



A dynamic Catholic community of  
single young adults striving to  
authentically live the beauty of the faith.



**Catholic Retreat  
for Young Singles**

P.O. Box 16064  
Phoenix, Arizona 85011  
crysministry@gmail.com

[www.crysretreats.com](http://www.crysretreats.com)

[www.crysretreats.com](http://www.crysretreats.com)

Visit our website to join us on Facebook

## What is CRYs?

Since our founding in 1993 by Father Alberto Ruiz, CMS, the CRYs ministry has focused on providing sacramental and devotional centered spiritual retreats for single adults ages 21- 40.

**The name CRYs came from the “cry” of the Catholic single community for a place of their own to grow in their faith & meet others with the same beliefs.**

CRYs provides an opportunity for singles to receive support, education and a community in which to share and grow in our Catholic faith.

## The Community

The CRYs community fosters Catholic fellowship through activities, which are broken into three elements:

- Spiritual
- Service
- Social

To find out about these upcoming events, join our group on Facebook or sign-up for our bi-monthly email newsletter from our website, [www.crysretreats.com](http://www.crysretreats.com).

## The CRYs Retreat

At the heart of the ministry is the retreat, held twice a year. In each retreat, team members share their struggles and triumphs with living out the Catholic faith, especially as a single young adult. Through their testimonies, you may find the answers you struggle with ...

How can chastity as the Church teaches be possible in today's world? How can I live out my faith as a single Catholic young adult if I haven't found my vocation? How can I build authentic Catholic relationships that help me grow in holiness?

**You may find the answer to these questions and many others you may have on the upcoming CRYs retreat ...  
MARCH 30 THROUGH APRIL 1, 2012.**

Food and lodging are included in the price of the retreat. Along with that, you'll have the opportunity to receive the sacraments and practice various Catholic devotions.

Most of all, this is YOUR time set apart with Christ, Who knows you intimately. Just for a weekend, forget updating your status for your friends to see. Rather, upgrade your “soul's” status and be with God.

## What To Bring on a Retreat

- An Open Heart & Mind
- Pillow & Bedding
- Towels & Toiletries
- Medications & Special Needs
- Comfortable & Modest Clothing

## Retreat Contact Info

**DIRECTOR – Margarita Vasquez**  
(623) 693-8913, [mvasquez50@cox.net](mailto:mvasquez50@cox.net)

### CO-DIRECTORS

**Christie Brown**  
(480) 202-2340, [christierdhbs@yahoo.com](mailto:christierdhbs@yahoo.com)

**Tirscha Gomez**  
(480) 262-1261, [tirsc\\_44@yahoo.com](mailto:tirsc_44@yahoo.com)

**Theo Tigno**  
(602) 920-1491, [theo@tigno.com](mailto:theo@tigno.com)

## Other CRYs Events Info

The best way to find out about other CRYs events that are happening, please contact the following:

**Jena Cortez, Spiritual Activities**  
[zetroc77@yahoo.com](mailto:zetroc77@yahoo.com)

**Grace Mendoza, Service Activities**  
[gsmendoza7@gmail.com](mailto:gsmendoza7@gmail.com)

**Rubett Garcia, Social Activities**  
[rubett.garcia@yahoo.com](mailto:rubett.garcia@yahoo.com)